

The Heart Examination

Note: This is a fun message to preach. You could preach it with or without a set of scales. You could use this message almost anywhere you can preach the Gospel. It works well in the open-air and prisons and can be adapted for gospel healing meetings to. It will work with or without testimony. If you want a bit of fun first you could weigh a few people before you preach and give a prize for the lightest, the heaviest etc.

You can't fool your doctor about your health, because he can find the truth!!! About five years ago I went to a doctor for a check-up and he had me jump on the scales. He then told me I was 10 Kilo's over weight and that I needed to loose 5 kilo's ASAP or I could have a heart attack. It was pretty scary to hear that, but because of what he said I lost some weight and now take better care of myself. You can't hide much from the doctor, but you can't hide anything at all from God. And as far as God is concerned we all have a heart and a weight problem because *"The Lord weighs the heart"* (Pro. 21:2). When Gods speaks of the heart He's not talking about the organ that pumps blood throughout our bodies. He's speaking of something else; God's talking about the core of our being; who we really are inside-God weighs or judges that.

God weighs our heart by the 10 Commandments. (Mention 2or 3)

He weighs it by the Sermon on the Mount. There Jesus said stuff like...

"Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal." (Matthew 6: 19-21)

Have you stored your treasure in heaven? ...

And Jesus said....

"Don't worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing"? (Matthew 6:25)

Worry can not only indicate we're not trusting God. But can also indicate that we don't know Him at all.

God also weighs our heart by the great Commandment- *"You shall love the Lord your God with all your heart, with all your soul, and with all your mind"*

The truth is, though God does weigh the heart none of us will balance Gods Scales.

God says, *"The human heart is the most deceitful of all things, and desperately wicked."*

The Bible says, *"All have sinned and fall short of the Glory of God."* Romans 3:23

Jesus said, "For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, lustful desires, envy,

slander, pride, and foolishness. All these vile things come from within; they are what defile you.” Mark 7:21-23

That is why God wants to change us at the core; at the heart of our very existence.

Gods Says,

- ✓ *I will give you a new heart...*
- ✓ *and I will put a new spirit in you ...*
- ✓ *I will take out your stony, stubborn heart and give you a tender, responsive heart*
- ...
- ✓ *And I will put my Spirit in you so that you will follow my decrees and be careful to obey my regulations ...*
- ✓ Jesus calls this heart change being “born again” and He said, *“You must be born-again”*
- ✓ He said, *“Humans give life to their children. Yet only God’s Spirit can change you into a child of God.” John 3:6 CEV ...*
- ✓ Short testimony perhaps

Because of our sin we can’t change, we can’t get to know God and we can’t get into heaven because God is Holy and perfect and can’t stand the sight of sin; in fact He must punish it. A verse in the Bible says, *“The wages of sin is death”*; we get paid for the sin we do in this life and the payment for sin is death- ultimately that means forever in a place called hell. But though He never sinned Himself, Jesus died willingly on the cross for our sin; the Bible says “God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.” Jesus died as our substitute on the cross and then rose from the dead three days later to prove that He is God AND HAS THE POWER TO CHANGE OUR HEARTS so we can stand faultless once again in God’s presence.

My bathroom scales may not be looking that good, but Gods scales are balanced in my favour. Jesus tipped the scales in my favour when I made Him both Saviour and Lord of my life. He can do this for you too.

God will change your heart to but we must first give it to Him-*“O my son, give me your heart.” ... Proverbs 23:26a*

How do we do that?

Repent- Acts 3:19

Believe- John 3:36

Receive- John 1:12... Receive Jesus into the very heart of you so you can be changed.